

Family Vacation Itinerary

A family-friendly rhythm with meals, breaks, and practical notes.

Trip / Destination <i>Example: Add details</i>	Travel dates <i>Example: Add details</i>	Travelers <i>Example: Add details</i>	Emergency contact <i>Example: Add details</i>
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DAY / TIME	FAMILY PLAN	MEAL	REST / BACKUP	WHAT TO BRING
Day 1 · Morning	Example: Aquarium	Example: Pack snacks	Example: Quiet café nearby	Example: Stroller, water
Day 1 · Afternoon	Example: Park picnic	Example: Picnic lunch	Example: Hotel rest 2–4 PM	Example: Blanket, sunscreen
Day 2 · Morning	Example: Children’s museum	Example: Café at museum	Example: Indoor backup ready	Example: Tickets
Day 2 · Evening	Example: Early dinner	Example: 5:30 PM booking	Example: Free evening	Example: Light layers

Tip: duplicate the table above to add more days